

# STONE SOUP GARDENS & TRAILS

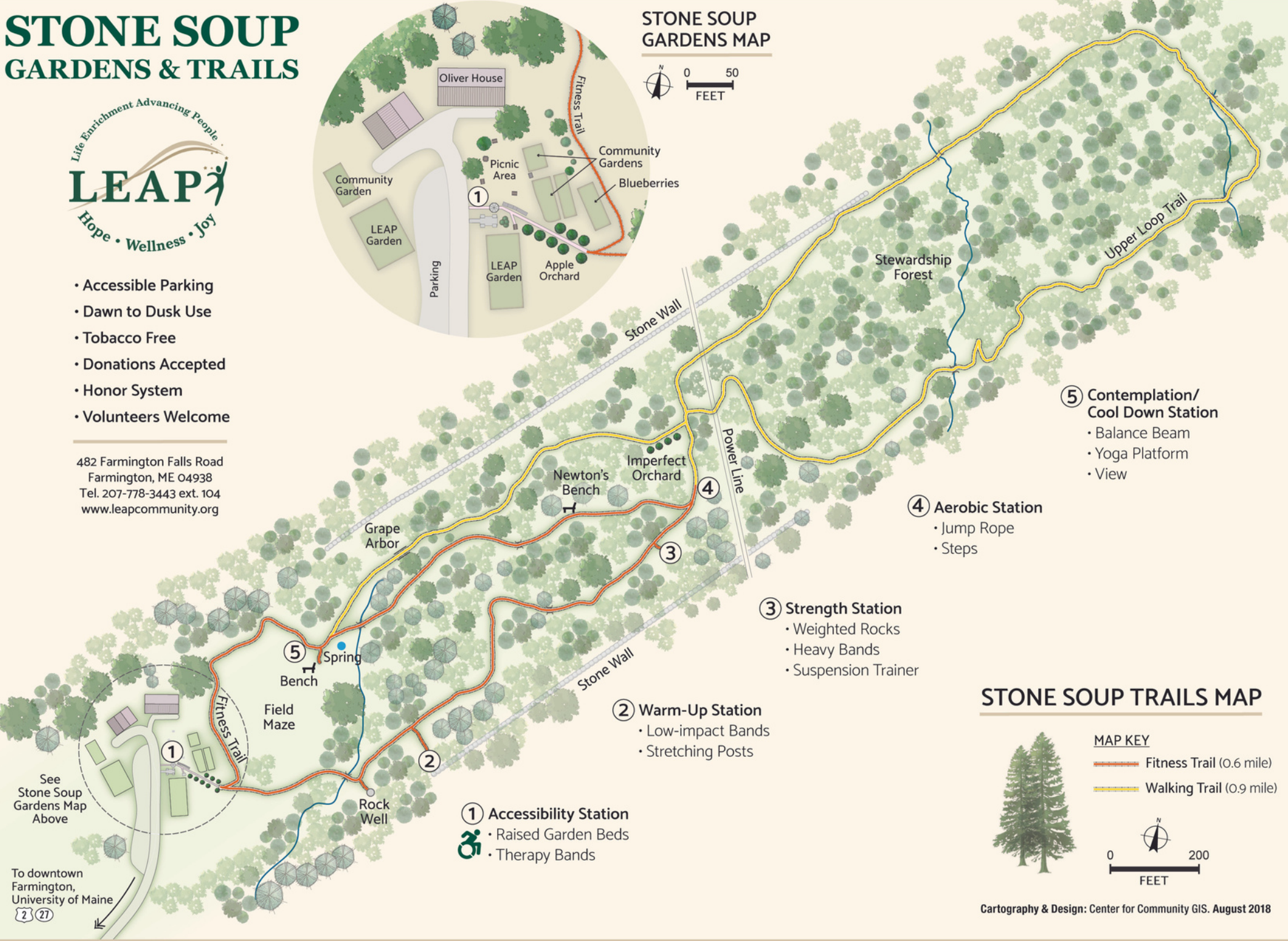


- Accessible Parking
- Dawn to Dusk Use
- Tobacco Free
- Donations Accepted
- Honor System
- Volunteers Welcome

482 Farmington Falls Road  
 Farmington, ME 04938  
 Tel. 207-778-3443 ext. 104  
 www.leapcommunity.org



## STONE SOUP GARDENS MAP



- 5 Contemplation/  
Cool Down Station**
- Balance Beam
  - Yoga Platform
  - View

- 4 Aerobic Station**
- Jump Rope
  - Steps

- 3 Strength Station**
- Weighted Rocks
  - Heavy Bands
  - Suspension Trainer

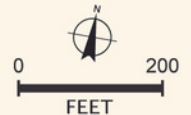
- 2 Warm-Up Station**
- Low-impact Bands
  - Stretching Posts

- 1 Accessibility Station**
- Raised Garden Beds
  - Therapy Bands

## STONE SOUP TRAILS MAP

### MAP KEY

- Fitness Trail (0.6 mile)
- Walking Trail (0.9 mile)



Cartography & Design: Center for Community GIS. August 2018

To downtown Farmington, University of Maine

See Stone Soup Gardens Map Above